

ETHEKWINI SCHOOLS' AQUATICS

HIGH SCHOOLS REGIONAL SWIMMING TRIALS PROGRAMME

SUNDAY, 31 JANUARY 2010

8:00 A.M. BOYS/GIRLS

The trials are being held to select swimmers for participation in the Provincial Trials taking place on Sunday, 21 February 2010 at Kings Park Pool and for participation in the Satellite Gala (date and venue to be announced later). The National Championships will take place in Bloemfontein on Friday/Saturday, 5/6 March 2010.

PLEASE MAKE CAREFUL NOTE OF THE FOLLOWING:

1. Swimmers must hand in letters from their schools (**must be on the school letterhead**) confirming dates of birth of swimmers, the name of the school official assisting at the school gala and the circuit in which the school is located. The letter must be signed by the school principal. **FAILURE ON THE PART OF THE SCHOOL TO SUBMIT THIS OFFICIAL LETTER WILL RESULT IN THE SWIMMER(S) FROM THAT PARTICULAR SCHOOL BEING EXCLUDED FROM THE EVENT.**
2. The cost per event is **R10, 00**, payable on entry at the poolside.
3. Swimmers may swim in any number of events but may only be selected for four individual events.
4. A swimmer may only swim in one age group.
5. **Participating swimmers must make themselves available for selection.** Failure to abide by this rule may lead to the swimmer being excluded from any future schools' trials.
6. The selection committee, whose decision is final, will select the team that will represent the region in the Provincial Trials
7. The selected team must abide by the regulations decided on by the National Schools' Aquatics.
8. Swimmers will receive notification of selection and further details via. their schools.

N.B. Each school must supply one official per session in which that school is participating, otherwise learners from that school will not be allowed to participate.

EVENT	AGE	DESCRIPTION	EVENT	AGE	DESCRIPTION
1.	BOYS 14-16	400m FREESTYLE	2.	GIRLS 14-16	400m FREESTYLE
3.	BOYS 17-19	400m FREESTYLE	4.	GIRLS 17-19	400m FREESTYLE
5. #	BOYS 13-14	200m IND. MEDLEY	6. #	GIRLS 13-14	200m IND. MEDLEY
7. #	BOYS 15-16	200m IND. MEDLEY	8. #	GIRLS 15-16	200m IND. MEDLEY
9. #	BOYS 17-19	200m IND. MEDLEY	10. #	GIRLS 17-19	200m IND. MEDLEY
11. #	BOYS 13-14	50m BACKSTROKE	12. #	GIRLS 13-14	50m BACKSTROKE
13. #	BOYS 15-16	50m BACKSTROKE	14. #	GIRLS 15-16	50m BACKSTROKE
15. #	BOYS 17-19	50m BACKSTROKE	16. #	GIRLS 17-19	50m BACKSTROKE
17.	BOYS 14-16	200m BACKSTROKE	18.	GIRLS 14-16	200m BACKSTROKE
19.	BOYS 17-19	200m BACKSTROKE	20.	GIRLS 17-19	200m BACKSTROKE
21.	BOYS 14-16	200m BREASTSTROKE	22.	GIRLS 14-16	200m BREASTSTROKE
23.	BOYS 17-19	200m BREASTSTROKE	24.	GIRLS 17-19	200m BREASTSTROKE
25. #	BOYS 13-14	50m BUTTERFLY	26. #	GIRLS 13-14	50m BUTTERFLY
27. #	BOYS 15-16	50m BUTTERFLY	28. #	GIRLS 15-16	50m BUTTERFLY
29. #	BOYS 17-19	50m BUTTERFLY	30. #	GIRLS 17-19	50m BUTTERFLY
31.	BOYS OPEN	200m BUTTERFLY	32.	GIRLS OPEN	200m BUTTERFLY
33.	BOYS OPEN	400m IND. MEDLEY	34.	GIRLS OPEN	400m IND. MEDLEY
35. #	BOYS 13-14	50m FREESTYLE	36. #	GIRLS 13-14	50m FREESTYLE
37. #	BOYS 15-16	50m FREESTYLE	38. #	GIRLS 15-16	50m FREESTYLE
39. #	BOYS 17-19	50m FREESTYLE	40. #	GIRLS 17-19	50m FREESTYLE
41. #	BOYS 13-14	100m BREASTSTROKE	42. #	GIRLS 13-14	100m BREASTSTROKE
43. #	BOYS 15-16	100m BREASTSTROKE	44. #	GIRLS 15-16	100m BREASTSTROKE
45. #	BOYS 17-19	100m BREASTSTROKE	46. #	GIRLS 17-19	100m BREASTSTROKE
47. #	BOYS 13-14	100m BACKSTROKE	48. #	GIRLS 13-14	100m BACKSTROKE
49. #	BOYS 15-16	100m BACKSTROKE	50. #	GIRLS 15-16	100m BACKSTROKE
51. #	BOYS 17-19	100m BACKSTROKE	52. #	GIRLS 17-19	100m BACKSTROKE
53.	BOYS 14-16	200m FREESTYLE	54.	GIRLS 14-16	200m FREESTYLE
55.	BOYS 17-19	200m FREESTYLE	56.	GIRLS 17-19	200m FREESTYLE
57. #	BOYS 13-14	50M BREASTSTROKE	58. #	GIRLS 13-14	50M BREASTSTROKE
59. #	BOYS 15-16	50M BREASTSTROKE	60. #	GIRLS 15-16	50M BREASTSTROKE
61. #	BOYS 17-19	50M BREASTSTROKE	62. #	GIRLS 17-19	50M BREASTSTROKE
63. #	BOYS 13-14	100m FREESTYLE	64. #	GIRLS 13-14	100m FREESTYLE
65. #	BOYS 15-16	100m FREESTYLE	66. #	GIRLS 15-16	100m FREESTYLE
67. #	BOYS 17-19	100m FREESTYLE	68. #	GIRLS 17-19	100m FREESTYLE
69.	BOYS 13-14	100m BUTTERFLY	70.	GIRLS 13-14	100m BUTTERFLY
71.	BOYS 15-16	100m BUTTERFLY	72.	GIRLS 15-16	100m BUTTERFLY
73.	BOYS 17-19	100m BUTTERFLY	74.	GIRLS 17-19	100m BUTTERFLY
75.	BOYS OPEN	800m FREESTYLE	76.	GIRLS OPEN	800m FREESTYLE

MULTI-DISABILITY SWIMMERS ARE ELIGIBLE TO SWIM IN THESE EVENTS

AGE COMPUTATION DATES:

AGE 13-14 : BORN - 1997, 1996 AGE 15-16 : BORN - 1995, 1994 AGE 17-19 : BORN - 1993, 1992, 1991

DIRECT ALL QUERIES TO : ROCKY NAIDOO (INTERIM CHAIR) ON 074 8900 965 or 031-465 2883 (after hours)

FAX : 031-461 4982) / E-MAIL : rockyn@telkomsa.net

ETHEKWINI SCHOOLS' AQUATICS
PRIMARY SCHOOLS REGIONAL SWIMMING TRIALS PROGRAMME
SATURDAY, 30 JANUARY 2010 **GIRLS - 8:00 A.M. BOYS - 2 P.M.**

The trials are being held to select swimmers for participation in the Provincial Trials taking place on Saturday, 20 February 2010 at Kings Park Pool and for participation in the Satellite Gala (date and venue to be announced later). The National Championships will take place in Port Elizabeth on Friday/Saturday, 5/6 March 2010.

PLEASE MAKE CAREFUL NOTE OF THE FOLLOWING:

1. Swimmers must hand in letters from their schools (**must be on the school letterhead**) confirming dates of birth of swimmers, the name of the school official assisting at the school gala and the circuit in which the school is located. The letter must be signed by the school principal. **FAILURE ON THE PART OF THE SCHOOL TO SUBMIT THIS OFFICIAL LETTER WILL RESULT IN THE SWIMMER(S) FROM THAT PARTICULAR SCHOOL BEING EXCLUDED FROM THE EVENT.**
2. The cost per event is **R10, 00**, payable on entry at the poolside.
3. Swimmers may swim in any number of events but may only be selected for four individual events.
4. A swimmer may only swim in one age group.
5. **Participating swimmers must make themselves available for selection.** Failure to abide by this rule may lead to the swimmer being excluded from any future schools' trials.
6. The selection committee, whose decision is final, will select the team that will represent the region in the Provincial Trials
7. The selected team must abide by the regulations decided on by the National Schools' Aquatics.
8. Swimmers will receive notification of selection and further details via. their schools.

N.B. Each school must supply one official per session in which that school is participating, otherwise learners from that school will not be allowed to participate.

EVENT	AGE	DESCRIPTION	EVENT	AGE	DESCRIPTION
1.	10 YRS & U	200m IND. MEDLEY	2.	11 YEARS	200m IND. MEDLEY
3.	12 YEARS	200m IND. MEDLEY	4.	13 YEARS	200m IND. MEDLEY
5. #	10 YRS & U	50m BREASTSTROKE	6. #	11 YEARS	50m BREASTSTROKE
7. #	12 YEARS	50m BREASTSTROKE	8. #	13 YEARS	50m BREASTSTROKE
9. #	11 YEARS	100m FREESTYLE	10. #	12 YEARS	100m FREESTYLE
11. #	13 YEARS	100m FREESTYLE	12. #	10 YRS & U	50m BACKSTROKE
13. #	11 YEARS	50m BACKSTROKE	14. #	12 YEARS	50m BACKSTROKE
15. #	13 YEARS	50m BACKSTROKE	16.	OPEN	200m BACKSTROKE
17.	11 YEARS	100m BUTTERFLY	18.	12 YEARS	100m BUTTERFLY
19.	13 YEARS	100m BUTTERFLY	20.	OPEN	200m FREESTYLE
21. #	11 YEARS	100m BREASTSTROKE	22. #	12 YEARS	100m BREASTSTROKE
23. #	13 YEARS	100m BREASTSTROKE	24. #	10 YRS & U	50m FREESTYLE
25. #	11 YEARS	50m FREESTYLE	26. #	12 YEARS	50m FREESTYLE
27. #	13 YEARS	50m FREESTYLE	28. #	OPEN	200m BREASTSTROKE
29.	11 YEARS	100m BACKSTROKE	30.	12 YEARS	100m BACKSTROKE
31.	13 YEARS	100m BACKSTROKE	32. #	10 YRS & U	50m BUTTERFLY
33. #	11 YEARS	50m BUTTERFLY	34. #	12 YEARS	50m BUTTERFLY
35. #	11 YEARS	50m BUTTERFLY	36.	OPEN	400m FREESTYLE

MULTI-DISABILITY SWIMMERS ARE ELIGIBLE TO SWIM IN THESE EVENTS

AGE COMPUTATION DATES :

AGE 10 YRS. : born in 2000 (turns 10 in 2010)

AGE 11 YRS. : born in 1999 (turns 11 in 2010)

AGE 12 YRS. : born in 1998 (turns 12 in 2010)

AGE 13 YRS. : born in 1997 (turns 13 in 2010)

DIRECT ALL QUERIES TO :

1. **CHANTAL MOHANLAL : MOBILE : 076 0538 500 HOME : 031-507 5618**
FAX : 031-561 5457

2. **ROY RAMBRIJ : MOBILE : 083 7822 371 HOME : 031-403 1258**
E-MAIL : royrambrij@yahoo.com

