

TECHNICAL OFFICIALS

Inter Club Competition, clubs will be required to provide officials for each session, according to the number of swimmers entered in the competition:

1 - 5 swimmers, the number of officials optional

6 – 10 swimmers, one judge or one timekeeper

11 and over swimmers, two officials, one judge and one timekeeper.

The names of the registered, trained technical officials must accompany the entries. Failure to do so may result in the swimmers entries being rejected.

All Technical Officials must be correctly attired – White shirts and Navy Blue Trousers or skirts for finals sessions, Navy blue shorts for Heats.

The 50m events will be a Sprint Challenge held over 5 rounds:

Round 1 – all entrants – fastest 3 heats circle seeded

Round 2 – Top 16 in 2 heats of 8 – circle seeded

Round 3 – Top 8 in 2 heats of 4 – circle seeded

Round 4 – Top 4 in heats of 2 – circle seeded

Round 5 – FINAL – winners of round 4 go head to head

100m's: prelims, semi-finals & finals

200 & 400m's: prelims, A & B finals provided there are 17 or more participants with a minimum of 4 participants available to compete in the B Finals

800/1500m's: Timed finals – slower finals in morning session, fastest in evening session

2008 TELKOM SA National Short Course Qualifying Times

Distance	Stroke	Women	Men
50	Free	28.44	24.90
100	Free	1:01.93	55.01
200	Free	2:13.98	2:01.83
400	Free	4:42.55	4:18.05
800	Free	9:40.58	9:03.80
1500	Free	18:53.08	17:06.13
50	Back	32.91	29.95
100	Back	1:11.61	1:03.87
200	Back	2:34.22	2:18.87
50	Breast	36.49	32.35
100	Breast	1:19.43	1:10.65
200	Breast	2:50.89	2:33.75
50	Fly	31.54	27.67
100	Fly	1:08.63	1:00.97
200	Fly	2:31.59	2:16.05
200	IM	2:32.36	2:16.41
400	IM	5:21.44	4:50.76

CRITERIA FOR SSA SWIMMERS PARTICIPATION AT THE FINA ARENA SWIMMING WORLD CUP – DURBAN 17 & 18 OCTOBER 2008

1. To be eligible for selection to swim in the Durban leg of the FINA World Cup, swimmers must participate at the South African Short Course Championships.
2. The winners (non Durban residents) of each event may qualify for a subsidy for travel and accommodation from SSA.
3. The remaining “A” finalists will be eligible to compete at their own cost, subject to them being selected by the SSA Selection Committee.
4. All SSA swimmers selected will form part of the SSA contingent and will fall under the SSA appointed management team.
5. Swimmers not swimming at the SA Short Course may apply for exemption in writing, stating their extraordinary circumstances and reasons for not partaking.
6. Swimming South Africa reserves the right to invite additional swimmers.