



KWAZULU-NATAL AQUATICS

(AFFILIATED TO SWIMMING SOUTH AFRICA)

OFFICE 24 – KINGS PARK POOL COMPLEX – NMR AVENUE, DURBAN

Tel : 031 – 312 7272, Fax : 031 – 312 6405

E-mail : admin@kznaquatics.co.za

All correspondence to – P.O. Box 35359, Northway, 4065

SWIM COACHES ASSOCIATION

27 AUGUST 2008

To all clubs

Please pass this information onto your club's swimming coaches and any of your elite swimmers who have set their sites on the London Olympics.

Wayne Goldsmith is in Durban on other business. He has kindly agreed to give up some of his valuable time to talk to us and discuss topics of interest with coaches wishing to expand their knowledge and general know how.

We have asked Wayne to discuss and share his knowledge with us on two selected topics.

- Speed development programmes Australian style in IM training.
- Lessons learnt from Beijing and taking it through to London.

The meeting will take place at Kings Park facilities room on **Saturday 13 September**.

The plan is to have the discussion limited to 2 hours – starting at **18h00 and finishing at 20h00**

Wayne is well known to us and has visited our Country on numerous occasions. He has always gone out of his way to help swimming in South Africa. He is one of those people that often think outside of the box and that opens up minds to believe that we can make most things achievable.

For those coaches who attended the CPR course on Saturday 23 August, your certificates will be available at the KZNA Office this coming Friday.

Remember that your application for accreditations closes on **Friday 5 September**. Please hand your CV'S into the KZNA office for onward submission to SSA. (Police clearances can be handed in latter)

THE KZNA COACHES ASSOCIATION CONTINUES ITS EFFORT TO LIFT THE STANDARD OF COACHING. IT IS IMPORTANT FOR YOU, OUR SWIMMERS AND KZNA IN GENERAL.

Your support will be appreciated and the couple of hours will be well worth your while.

Neville Phillips