



2009 SPEEDO PRESTIGE SWIMMING
TOURNAMENT
8th – 12th JULY 2009



INFORMATION

STARTING TIMES:

Heats: Wednesday, 8th July start at 10h30.
Thursday through to Sunday start at 9.30am.

Finals: All days 18h00

1. The competition will be swum using 10 lanes.
2. Swimmers may enter all events in their age group as well as any open event on the condition that they do not compete in the same event in their age group. The heats of the 50m sprint events will be swum in 14 & under and 15 & over age groups. The finals of the 50m sprint events will be swum in 10 & under, 11-12; 13-14; 15-16 and 17 & over age groups.
3. Clubs may enter a maximum of two relays per event, only the A team will score points. Names for these relays must be submitted with reserves, before the end of the heats each day. Swimmers may only compete in one age group in the relays but may swim for their club in the open age group as well.
4. A managers' meeting will take place at the Kings Park Pool on Wednesday, 8th July 2009 at 09h00..
5. Scratchings from heats must be done at the manager's meeting or by the end of the heats on the previous day the event is scheduled to be swum. Scratching from **FINALS** must take place within 30 minutes of the final heat of the morning session. Swimmers placed from 11th to at least 16th position in the heats, should scratch to avoid being pulled into a final if they would prefer to miss that final.
6. There will be a Registration fee per swimmer of **R25 per swimmer.** Pre-entries will be charged **R15 per event and R25 per relay.** Late entries will only be accepted if the swimmer is already entered into the meet and if lanes are available at a fee of **R50 per event and R100 per relay.**
7. Medals will be awarded to the top three (3) swimmers in each event.
8. Prize money will be awarded to the top three (3) swimmers in all the open events. Prize money will also be awarded to the best point scorer in each age group (including the seniors).
9. All swimmers entering before the closing date will receive a tournament T-Shirt. Each club must supply SIZES and fax this with your entries in the following format: Small; Medium; Large; Extra Large and XX Large.
10. Lanes in the OUTSIDE POOL will be available for warm ups and loosen downs throughout the competition.

11. Each club **MUST** supply **TWO (2)** timekeepers per sessions. Names of these timekeepers must be sent with your entries by the closing date.
12. Entries must be submitted on Team Manager and e-mailed to sealsdbn@telkomsa.net. Manual entries must be faxed to 031-466 3867/031-466 2203. PLEASE DO NOT INCLUDE YOUR RELAY ENTRIES WITH YOUR TM EXPORT FILE - RELAY ENTRIES TO BE DONE ON THE MANUAL ENTRY FORM OR THE TM PRINT OUT MUST ACCOMPANY YOUR ENTRIES.

The closing date for entries is Wednesday, 24th June 2009. Swimmers wanting to participate in this gala must be registered with SSA. PLEASE CONFIRM THAT YOUR ENTRIES HAVE BEEN RECEIVED!

13. Entry Fees to be paid into the following account & proof of payment faxed to 031 466 3867 or 086 657 2027. Entries will only be processed once all entry fees have been paid in full.

BANKING DETAILS.

Name: Seals Swimming Club

Bank: First National Bank

Acc No. 620 285 275 65

Branch: Boom Street, Pietermaritzburg

Branch Code : 221 325

EFT Code 221 32500

14. Psych sheets and all other information will be available on www.sealskzn.co.za and www.swimmersden.com
15. All enquiries can be made on 031-466 2203 between 09h00 and 17h00 weekdays or on the following email address sealsdbn@telkomsa.net.